



**MEAL SELECTIONS**  
TUESDAY 16TH JULY

**SOUP OF THE DAY**

ITALIAN WEDDING

**STARTER SALAD**

HOUSE OR CEASAR

*Field Greens, Local Fresh Salad Ingredients and Your Favorite Dressing*



**CHEF'S CREATIONS**



**LUNCH SPECIAL**

TURKEY BLT WITH CHIPS

**DINNER SPECIAL**

TERIYAKI TILAPIA



ORZO PILAF

VEGETABLES




**PHILLY CHEESE STEAK**

*Fresh to order Beef Philly cheese steak, side of chips or Fries*

**FLAT BREAD PIZZA**

*CHEESE, PEPPERONI OR BBQ CHICKEN*

<b>STERLING SALAD</b>						<b>EL TUCAN BURGER</b>				
<i>Baby Greens, Candied Pecans, Dried Cranberry, Goat cheese, tomato, cucumber</i>						<i>Grilled beef patty with swiss cheese, bacon, and onion ring, Choose between fries or chips</i>				
<b>STERLING DELI SUB</b>						<b>HEALTHY TURKEY WRAP</b>				
<i>Make a sandwich from our available meats, and cheeses, on a hoagie roll</i>						TURKEY, SWISS, LITE CHIPOTLE AIOLI, ON SPINACH WRAP				
						<b>SWEET ENDING</b>				
<b>SALAD PLATE/SANDWICH</b>						ASSORTED				
<b>TUNA / CHICKEN / EGG</b>										
<b>BEVERAGES</b>										
<i>Coffee, Teas , coca cola products, Sunkist products and 0 calorie water</i>										