October 2024

The Sterling Aventura: (Memory Care Neighborhood)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Heartfelt Connections A Memory Care Program™ An LCS Signature Experience The Sterling AVENTURA	**1** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, MC Latin Music and Dancing Puzzles & Board Games Spa Day: Nails Art Dinner Time Movies ASMR	**2** Breakfast Morning Exercise Class Brain Games Music and Movement Lunch, MC Art Rosh Hashanah Celebration & Service w/ Rabbi Puzzles & Board Games Spa Day: Nails Art Dinner Time Music Therapy ASMR	**3** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Nature Scenic Tour (Video) Puzzles & Board Games Music and Sing -Along, Dinner Time Movies ASMR	**4** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Sunshine Club on The Patio Puzzles & Board Games Music and Sing -Along Dinner Time, ***3*** Music Therapy ASMR	**5** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Art Puzzles & Board Games Music and Sing -Along Dinner Time Movies ASMR
6 Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, MC Art Puzzles & Board Games Music and Sing Along Dinner Time Movies ASMR	**7** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Sunshine Club on The Patio Puzzles & Board Games Happy Hour: Music & Dance Time Dinner Time Music Therapy ASMR	**8** Breakfast, ***MC*** Morning Exercise Class Brain Games Scenic Ride to Miami Beach Lunch, ***MC*** Latin Music and Dancing 2:15pm Happy with Ralph Roberts Puzzles & Board Games Spa Day: Nails Art Dinner Time Movies & ASMR	**9** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Halloween Art & Crafts Puzzles & Board Games Spa Day: Nails Art Dinner Time, ***3*** Music Therapy ASMR	**10** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Nature Scenic Tour (Video) Puzzles & Board Games Music and Sing Along Dinner Time, ***3*** Movies ASMR	**11** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** ***2:30pm Happy Hour with Grace Azar*** Sunshine Club on The Patio Puzzles & Board Games Yom Kipper Service with Rabbi Cohen Dinner Time Music Therapy ASMR	**12** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Art Puzzles & Board Games Music and Sing - Along Dinner Time Movies ASMR
13 Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Art Puzzles & Board Games Music and Sing Along Dinner Time Movies ASMR	**14** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Sunshine Club on The Patio Puzzles & Board Games Happy Hour: Music & Dance Time Dinner Time Music Therapy ASMR	**15** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Latin Music and Dancing Puzzles & Board Games 2:30pm Happy Hour with Magdiel M. Spa Day: Nails Art Dinner Time Movies & ASMR	**16** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Fall Art & Crafts Puzzles & Board Games Spa Day: Nails Art Dinner Time Music Therapy ASMR	**17** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Nature Scenic Walk Puzzles & Board Games Music and Sing Along Dinner Time Movies ASMR	**18** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Sunshine Club on The Patio Puzzles & Board Games Music and Sing Along Dinner Time Music Therapy ASMR	**19** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, MC Art Puzzles & Board Games Music and Sing- Along Dinner Time Movies ASMR
20 Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Art Puzzles & Board Games Music and Sing Along Dinner Time Movies ASMR	**21** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Sunshine Club on The Patio Puzzles & Board Games 2:30pm Happy Hour w/Grace Azar & Dance Time Dinner Time Music Therapy ASMR	**22** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Latin Music and Dancing Scenic Ride to Miami Beach Puzzles & Board Games Spa Day: Nails Art Dinner Time Movies ASMR	**23** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Art 2:15pm Happy Hour with Ralph Roberts Puzzles & Board Games Spa Day: Nails Art Dinner Time Music Therapy ASMR	**24** Breakfast, ***MC*** Morning Exercise Class Brain Games, ***MC*** Music and Movement Lunch, ***MC*** Nature Scenic Puzzles & Board Games Music and Sing -Along Dinner Time Movies ASMR	**25** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Sunshine Club on The Patio Puzzles & Board Games Music and Sing -Along Dinner Time Music Therapy ASMR	**26** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Art Puzzles & Board Games Music and Sing- Along Dinner Time Movies ASMR
27 Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Art Puzzles & Board Games Music and Sing Along Dinner Time Movies ASMR	**28** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Sunshine Club on The Patio Puzzles & Board Games Happy Hour: Music & Dance Time Dinner Time Music Therapy ASMR	**29** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Latin Music and Dancing Puzzles & Board Games 2:30pm Happy Hour with Magdiel Madrigal Spa Day: Nails Art Dinner Time Movies ASMR	**30** Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Art Puzzles & Board Games Spa Day: Nails Art Dinner Time Music Therapy ASMR	**31** Breakfast, ***MC*** Morning Exercise Class Brain Games, ***MC*** Music and Movement Lunch, ***MC*** Nature Scenic Video Puzzles & Board Games Pumpkin Carving Contest Music and Sing -Along Dinner Time Movies ASMR	Breakfast, ***MC*** Morning Exercise Class Brain Games Music and Movement Lunch, ***MC*** Sunshine Club on The Patio Puzzles & Board Games Music and Sing -Along Dinner Time Music Therapy ASMR	**DIMENSIONS OF WELLNESS** Physical Emotional Spiritual Environmental Vocational Social Intellectual Health Services Life Care Services #1 IN CUSTOMER SATISFACTION WITH INDEPENDENT SENIOR LIVING COMMUNITIES 2 YEARS IN A ROW