



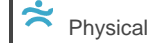

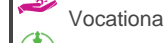

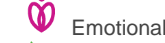





September 2024

The Sterling Aventura: (Memory Care Neighborhood)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2	3	4	5	6	7	
☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC Art 🕒 Puzzles & Board Games Music and Sing Along ☪ Dinner Time Movies ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC ☪ Sunshine Club on The Patio 🕒 Puzzles & Board Games ☪ Happy Hour: Music & Dance Time ☪ Dinner Time Music Therapy ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch ☪ Latin Music and Dancing 🕒 Puzzles & Board Games ☪ Spa Day: Nails Art ☪ Dinner Time Movies ASMR	☪ Breakfast ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch Art 🕒 Puzzles & Board Games ☪ Spa Day: Nails Art ☪ Dinner Time Music Therapy ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC ☪ Scenic Ride to Miami Beach 🕒 Puzzles & Board Games Music and Sing -Along, ☪ Dinner Time Movies ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC ☪ Sunshine Club on The Patio 🕒 Puzzles & Board Games Music and Sing -Along ☪ Dinner Time, 3 Music Therapy ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC Art 🕒 Puzzles & Board Games Music and Sing -Along ☪ Dinner Time Movies ASMR	
8	9	10	11	12	13	14	
☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch Art 🕒 Puzzles & Board Games Music and Sing Along ☪ Dinner Time Movies ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC ☪ Sunshine Club on The Patio 🕒 Puzzles & Board Games ☪ Happy Hour: Music & Dance Time ☪ Dinner Time Music Therapy ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC ☪ Latin Music and Dancing 🕒 Puzzles & Board Games ☪ Spa Day: Nails Art ☪ Dinner Time Movies ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC Art 🕒 Puzzles & Board Games ☪ Spa Day: Nails Art ☪ Dinner Time, 3 Music Therapy ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC ☪ Scenic Ride to Miami Beach 🕒 Puzzles & Board Games Music and Sing Along ☪ Dinner Time, 3 Movies ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC ☪ Sunshine Club on The Patio 🕒 Puzzles & Board Games Music and Sing -Along ☪ Dinner Time Music Therapy ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC Art 🕒 Puzzles & Board Games Music and Sing - Along ☪ Dinner Time Movies ASMR	
15	16	17	18	19	20	21	
☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC Art 🕒 Puzzles & Board Games Music and Sing Along ☪ Dinner Time Movies ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC ☪ Sunshine Club on The Patio 🕒 Puzzles & Board Games ☪ Happy Hour: Music & Dance Time ☪ Dinner Time Music Therapy ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC ☪ Latin Music and Dancing 🕒 Puzzles & Board Games ☪ Spa Day: Nails Art ☪ Dinner Time Movies ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC Art 🕒 Puzzles & Board Games ☪ Spa Day: Nails Art ☪ Dinner Time Music Therapy ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC ☪ Scenic Ride to Miami Beach 🕒 Puzzles & Board Games Music and Sing Along ☪ Dinner Time Movies ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC ☪ Sunshine Club on The Patio 🕒 Puzzles & Board Games Music and Sing Along ☪ Dinner Time Music Therapy ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch Art 🕒 Puzzles & Board Games Music and Sing- Along ☪ Dinner Time Movies ASMR	
22	23	24	25	26	27	28	
☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC Art 🕒 Puzzles & Board Games Music and Sing Along ☪ Dinner Time Movies ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC ☪ Sunshine Club on The Patio 🕒 Puzzles & Board Games ☪ Happy Hour: Music & Dance Time ☪ Dinner Time Music Therapy ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC ☪ Latin Music and Dancing 🕒 Puzzles & Board Games ☪ Spa Day: Nails Art ☪ Dinner Time Movies ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC Art 🕒 Puzzles & Board Games ☪ Spa Day: Nails Art ☪ Dinner Time Music Therapy ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games, MC Music and Movement ☪ Lunch, MC ☪ Scenic Ride to Miami Beach 🕒 Puzzles & Board Games Music and Sing -Along ☪ Dinner Time Movies ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC ☪ Sunshine Club on The Patio 🕒 Puzzles & Board Games Music and Sing -Along ☪ Dinner Time Music Therapy ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC Art 🕒 Puzzles & Board Games Music and Sing- Along ☪ Dinner Time Movies ASMR	
29	30	   <p>#1 IN CUSTOMER SATISFACTION WITH INDEPENDENT SENIOR LIVING COMMUNITIES 2 YEARS IN A ROW</p> <p>FOR A 2024 POWER 100 AWARD INFORMATION, VISIT JUPOWER.COM/ARIZONA</p> 				DIMENSIONS OF  Physical  Spiritual  Vocational  Intellectual  Emotional  Environmental  Social  Health Services	
☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC Art 🕒 Puzzles & Board Games Music and Sing Along ☪ Dinner Time Movies ASMR	☪ Breakfast, MC ☪ Morning Exercise Class Brain Games Music and Movement ☪ Lunch, MC ☪ Sunshine Club on The Patio 🕒 Puzzles & Board Games ☪ Happy Hour: Music & Dance Time ☪ Dinner Time Music Therapy ASMR						

