














July 2025

The Sterling Aventura : Memory Care Neighborhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Creative Coloring</div><div>Fidget Board</div><div>Sensory Stimulation</div><div>12:00pm Lunch Time</div><div>Latin Music and Dancing</div><div>Match the Photos</div><div>Puzzles & Board Games</div><div>2:00pm Scenic Ride to Hallandale Beach with Eddie</div><div>Spa Day: Nails Art</div><div>5:00pm Dinner Time</div><div>Nature Documentary</div><div>Resident Movie Night</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Creative Coloring</div><div>Fit Mind Brain Games</div><div>Match the Shapes</div><div>Reminiscing Time with Megile</div><div>Sensory Stimulation</div><div>Sunshine Club on The Patio</div><div>12:00pm Lunch Time</div><div>Puzzles & Board Games</div><div>Spa Day: Nails Art</div><div>5:00pm Dinner Time</div><div>Nature Documentary</div><div>Resident Movie Night</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Count with me Math</div><div>Creative Coloring</div><div>Name That Tunes</div><div>Sunshine on the Patio</div><div>12:00pm Lunch Time</div><div>Match the Photos</div><div>Puzzles & Board Games</div><div>5:00pm Dinner Time</div><div>Nature Documentary</div><div>Resident Movie Night</div><div>Nature Documentary</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Count with me Math</div><div>Creative Coloring</div><div>Fit Mind Brain Games</div><div>4 of July Arts & Crafts</div><div>Name That Tunes</div><div>Sunshine Club on The Patio</div><div>12:00pm Lunch Time</div><div>Puzzles & Board Games</div><div>5:00pm Dinner Time</div><div>Nature Documentary</div><div>Resident Movie Night</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class</div><div>Aqua Painting</div><div>Arts & Crafts</div><div>Brain Fitness Games</div><div>Fidget Board Games</div><div>Sensory Stimulation</div><div>12:00pm Lunch Time</div><div>Music and Sing Along</div><div>Puzzles & Board Games</div><div>Music Therapy</div><div>Name that Tune</div><div>5:00pm Dinner Time</div><div>Movie Night</div></div>
6	7	8	9	10	11	12
<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class</div><div>Aqua Painting</div><div>Arts & Crafts</div><div>Brain Fitness Games</div><div>Golden Memories Games</div><div>Sensory Stimulation</div><div>12:00pm Lunch</div><div>Music and Sing Along</div><div>Puzzles & Board Games</div><div>Music Therapy</div><div>Name that Tune</div><div>5:00pm Dinner Time</div><div>Movie Night</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Creative Coloring</div><div>Fit Mind Brain Games</div><div>Legacy kits</div><div>Match The Shapes</div><div>Reflective Coloring</div><div>Sensory Stimulation</div><div>Sunshine Club on The Patio</div><div>12:00pm Lunch Time</div><div>Aromatherapy</div><div>Puzzles & Board Games</div><div>Happy Hour: Music & Dance Time</div><div>5:00pm Dinner Time</div><div>Nature Documentarv</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Creative Coloring</div><div>Fidget Board</div><div>Sensory Stimulation</div><div>12:00pm Lunch Time</div><div>Latin Music and Dancing</div><div>Match the Photos</div><div>Puzzles & Board Games</div><div>2:00pm Scenic Ride to Miami Beach with Eddie</div><div>Spa Day: Nails Art</div><div>5:00pm Dinner Time</div><div>Nature Documentary</div><div>Resident Movie Night</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Creative Coloring</div><div>Fit Mind Brain Games</div><div>Match the Shapes</div><div>Reminiscing Time with Megile</div><div>Sensory Stimulation</div><div>Sunshine Club on The Patio</div><div>12:00pm Lunch Time</div><div>Puzzles & Board Games</div><div>Spa Day: Nails Art</div><div>5:00pm Dinner Time</div><div>Nature Documentary</div><div>Resident Movie Night</div></div>	<div><div></div><div>8:00am Breakfast</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Count with me Math</div><div>Creative Coloring</div><div>Name That Tunes</div><div>Sunshine on the Patio</div><div>12:00pm Lunch</div><div>Match the Photos</div><div>Puzzles & Board Games</div><div>5:00pm Dinner Time</div><div>Nature Documentary</div><div>Resident Movie Night</div><div>Scenic Tour to England -Video</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Count with me Math</div><div>Creative Coloring</div><div>Fit Mind Brain Games</div><div>Match the Shapes</div><div>Name That Tunes</div><div>Sunshine Club on The Patio</div><div>12:00pm Lunch Time</div><div>Puzzles & Board Games</div><div>5:00pm Dinner Time</div><div>Nature Documentary</div><div>Resident Movie Night</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class</div><div>Aqua Painting</div><div>Arts & Crafts</div><div>Brain Fitness Games</div><div>Fidget Board Games</div><div>Sensory Stimulation</div><div>12:00pm Lunch Time</div><div>Music and Sing Along</div><div>Puzzles & Board Games</div><div>Music Therapy</div><div>Name that Tune</div><div>5:00pm Dinner Time</div><div>Movie Night</div></div>
13	14	15	16	17	18	19
<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class</div><div>Aqua Painting</div><div>Arts & Crafts</div><div>Brain Fitness Games</div><div>Golden Memories Games</div><div>Sensory Stimulation</div><div>12:00pm Lunch</div><div>Music and Sing Along</div><div>Puzzles & Board Games</div><div>Music Therapy</div><div>Name that Tune</div><div>5:00pm Dinner Time</div><div>Movie Night</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Creative Coloring</div><div>Fit Mind Brain Games</div><div>Legacy kits</div><div>Match the Shapes</div><div>Reflective Coloring</div><div>Sensory Stimulation</div><div>Sunshine Club on The Patio</div><div>12:00pm Lunch Time</div><div>Aromatherapy</div><div>Puzzles & Board Games</div><div>Happy Hour: Music & Dance Time</div><div>5:00pm Dinner Time</div><div>Nature Documentarv</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Creative Coloring</div><div>Fidget Board</div><div>Sensory Stimulation</div><div>12:00pm Lunch</div><div>Latin Music and Dancing</div><div>Match the Photos</div><div>Puzzles & Board Games</div><div>2:00pm Scenic Ride to Hollywood Beach with Eddie</div><div>Spa Day: Nails Art</div><div>5:00pm Dinner Time</div><div>Nature Documentary</div><div>Resident Movie Night</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Creative Coloring</div><div>Fit Mind Brain Games</div><div>Match the Shapes</div><div>Reminiscing Time with Megile</div><div>Sensory Stimulation</div><div>Sunshine Club on The Patio</div><div>12:00pm Lunch Time</div><div>Puzzles & Board Games</div><div>Spa Day: Nails Art</div><div>5:00pm Dinner Time</div><div>Nature Documentary</div><div>Resident Movie Night</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Count with me Math</div><div>Creative Coloring</div><div>Name That Tunes</div><div>Sunshine on the Patio</div><div>12:00pm Lunch Time</div><div>Match the Photos</div><div>Puzzles & Board Games</div><div>5:00pm Dinner Time</div><div>Nature Documentary</div><div>Resident Movie Night</div><div>Scenic Tour to Spain -Video</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Count with me Math</div><div>Creative Coloring</div><div>Fit Mind Brain Games</div><div>Match the Shapes</div><div>Name That Tunes</div><div>Sunshine Club on The Patio</div><div>12:00pm Lunch Time</div><div>Puzzles & Board Games</div><div>5:00pm Dinner Time</div><div>Nature Documentary</div><div>Resident Movie Night</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class</div><div>Aqua Painting</div><div>Arts & Crafts</div><div>Brain Fitness Games</div><div>Fidget Board Games</div><div>Sensory Stimulation</div><div>12:00pm Lunch Time</div><div>Music and Sing Along</div><div>Puzzles & Board Games</div><div>Music Therapy</div><div>Name that Tune</div><div>5:00pm Dinner Time</div><div>Movie Night</div></div>
20	21	22	23	24	25	26
<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class</div><div>Aqua Painting</div><div>Arts & Crafts</div><div>Brain Fitness Games</div><div>Golden Memories Games</div><div>Sensory Stimulation</div><div>12:00pm Lunch Time</div><div>Music and Sing Along</div><div>Puzzles & Board Games</div><div>Music Therapy</div><div>Name that Tune</div><div>5:00pm Dinner Time</div><div>Movie Night</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Creative Coloring</div><div>Fit Mind Brain Games</div><div>Legacy kits</div><div>Match The Shapes</div><div>Reflective Coloring</div><div>Sensory Stimulation</div><div>Sunshine Club on The Patio</div><div>12:00pm Lunch Time</div><div>Aromatherapy</div><div>Puzzles & Board Games</div><div>Happy Hour: Music & Dance Time</div><div>5:00pm Dinner Time</div><div>Nature Documentarv</div></div>	<div><div></div><div>8:00am Breakfast</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Creative Coloring</div><div>Fidget Board</div><div>Sensory Stimulation</div><div>12:00pm Lunch</div><div>Latin Music and Dancing</div><div>Match the Photos</div><div>Puzzles & Board Games</div><div>2:00pm Scenic Ride to Miami Beach with Eddie</div><div>Spa Day: Nails Art</div><div>5:00pm Dinner Time</div><div>Nature Documentary</div><div>Resident Movie Night</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Creative Coloring</div><div>Fit Mind Brain Games</div><div>Match the Shapes</div><div>Reminiscing Time with Megile</div><div>Sensory Stimulation</div><div>Sunshine Club on The Patio</div><div>12:00pm Lunch Time</div><div>Puzzles & Board Games</div><div>Spa Day: Nails Art</div><div>5:00pm Dinner Time</div><div>Nature Documentary</div><div>Resident Movie Night</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Count with me Math</div><div>Creative Coloring</div><div>Name That Tunes</div><div>Sunshine on the Patio, G</div><div>12:00pm Lunch Time</div><div>Match the Photos</div><div>Puzzles & Board Games</div><div>5:00pm Dinner Time</div><div>Nature Documentary</div><div>Resident Movie Night</div><div>Scenic Tour to France -Video</div></div>	<div><div></div><div>8:00am Breakfast</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Count with me Math</div><div>Creative Coloring</div><div>Fit Mind Brain Games</div><div>Match the Shapes</div><div>Name That Tunes</div><div>Sunshine Club on The Patio</div><div>12:00pm Lunch Time</div><div>Puzzles & Board Games</div><div>5:00pm Dinner Time</div><div>Nature Documentary</div><div>Resident Movie Night</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class</div><div>Aqua Painting</div><div>Arts & Crafts</div><div>Brain Fitness Games</div><div>Fidget Board Games</div><div>Sensory Stimulation</div><div>12:00pm Lunch Time</div><div>Music and Sing Along</div><div>Puzzles & Board Games</div><div>Music Therapy</div><div>Name that Tune</div><div>5:00pm Dinner Time</div><div>Movie Night</div></div>
27	28	29	30	31	MEETING PLACES	DIMENSIONS OF WELLNESS
<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class</div><div>Aqua Painting</div><div>Arts & Crafts</div><div>Brain Fitness Games</div><div>Golden Memories Games</div><div>Sensory Stimulation</div><div>12:00pm Lunch Time</div><div>Music and Sing Along</div><div>Puzzles & Board Games</div><div>Music Therapy</div><div>Name that Tune</div><div>5:00pm Dinner Time</div><div>Movie Night</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Creative Coloring</div><div>Fit Mind Brain Games</div><div>Legacy kits</div><div>Match The Shapes</div><div>Reflective Coloring</div><div>Sensory Stimulation</div><div>Sunshine Club on The Patio</div><div>12:00pm Lunch Time</div><div>Aromatherapy</div><div>Puzzles & Board Games</div><div>Happy Hour: Music & Dance Time</div><div>5:00pm Dinner Time</div><div>Nature Documentarv</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Creative Coloring</div><div>Fidget Board</div><div>Sensory Stimulation</div><div>12:00pm Lunch Time</div><div>Latin Music and Dancing</div><div>Match the Photos</div><div>Puzzles & Board Games</div><div>Spa Day: Nails Art</div><div>5:00pm Dinner Time</div><div>Nature Documentary</div><div>Resident Movie Night</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Creative Coloring</div><div>Fit Mind Brain Games</div><div>Match the Shapes</div><div>Reminiscing Time with Megile</div><div>Sensory Stimulation</div><div>Sunshine Club on The Patio</div><div>12:00pm Lunch Time</div><div>Puzzles & Board Games</div><div>Spa Day: Nails Art</div><div>5:00pm Dinner Time</div><div>Nature Documentary</div><div>Resident Movie Night</div></div>	<div><div></div><div>8:00am Breakfast Time</div><div>Morning Exercise Class with Mercedes</div><div>Morning Stretch</div><div>Count with me Math</div><div>Creative Coloring</div><div>Name That Tunes</div><div>Sunshine on the Patio</div><div>12:00pm Lunch Time</div><div>Match the Photos</div><div>Puzzles & Board Games</div><div>5:00pm Dinner Time</div><div>Nature Documentary</div><div>Resident Movie Night</div><div>Scenic Tour to Italy -Video</div></div>	<div><div>MC - MC Lobby</div><div>G - GROUND FLOOR LOBBY AREA</div><div>G - PATIO - P (G)</div><div></div></div>	<div><div><div>Physical</div><div>Spiritual</div><div>Vocational</div><div>Intellectual</div></div><div><div>Emotional</div><div>Environmental</div><div>Social</div><div>Health Services</div></div></div> <div><div></div><div>#1 IN CUSTOMER SATISFACTION WITH INDEPENDENT SENIOR LIVING COMMUNITIES 2 YEARS IN A ROW <small>FOR J.D. POWER 2023 ANNUAL REPUTATION: VISIT JDPOWER.COM/ARCADIS</small></div></div>