July 2025 The Sterling Aventura: Memory Care Neighborhood Tuesday Wednesday **Saturday Thursday** Sunday **Friday** Monday 8:00am Breakfast Time Morning Exercise Class with Mercedes Morning Exercise Class Morning Stretch Morning Stretch Morning Stretch Morning Stretch Agua Painting Count with me Math Creative Coloring Count with me Math Arts & Crafts Creative Coloring Creative Coloring Fidget Board Fit Mind Brain Games Creative Coloring Brain Fitness Games Sensory Stimulation Match the Shapes Name That Tunes Fit Mind Brain Games Fidget Board Games 12:00pm Lunch Time Reminiscing Time with Megile Sunshine on the Patio Sensory Stimulation Latin Music and Dancing 12:00pm Lunch Time Name That Tunes 12:00pm Lunch Time Heartfelt Connections Sensory Stimulation Match the Photos Sunshine Club on The Patio Match the Photos Sunshine Club on The Patio Music and Sing Along Puzzles & Board Games 12:00pm Lunch Time Puzzles & Board Games 12:00pm Lunch Time Puzzles & Board Games Puzzles & Board Games 5:00pm Dinner Time Puzzles & Board Games Music Therapy A Memory Care Program¹ Spa Day: Nails Art 5:00pm Dinner Time Spa Day: Nails Art Nature Documentary Name that Tune 5:00pm Dinner Time 5:00pm Dinner Time Resident Movie Night 5:00pm Dinner Time Nature Documentary Nature Documentary Nature Documentary Nature Documentary Resident Movie Night Movie Night An LCS Signature Experience Resident Movie Night Resident Movie Night 8 10 11 12 8:00am Breakfast Time 8:00am Breakfast Time 8:00am Breakfast Time 8:00am Breakfast Time 8:00am Breakfast 8:00am Breakfast Time 8:00am Breakfast Time Morning Exercise Class Morning Exercise Class with Mercedes Morning Exercise Class Morning Stretch Aqua Painting Morning Stretch Morning Stretch Morning Stretch Morning Stretch Aqua Painting Arts & Crafts Creative Coloring Creative Coloring Creative Coloring Count with me Math Count with me Math Arts & Crafts Fit Mind Brain Games Brain Fitness Games Fit Mind Brain Games Creative Coloring Brain Fitness Games Fidget Board Creative Coloring Legacy kits Golden Memories Games Match the Shapes Name That Tunes Fit Mind Brain Games Fidget Board Games Sensory Stimulation Match The Shapes 12:00pm Lunch Time Reminiscing Time with Megile Sensory Stimulation Sunshine on the Patio Match the Shanes Sensory Stimulation Reflective Coloring 12:00pm Lunch Latin Music and Dancing Sensory Stimulation 12:00pm Lunch Name That Tunes 12:00pm Lunch Time Sensory Stimulation Music and Sing Along Match the Photos Sunshine Club on The Patio Match the Photos Sunshine Club on The Patio Music and Sing Along Sunshine Club on The Patio Puzzles & Board Games Puzzles & Board Games 12:00pm Lunch Time Puzzles & Board Games 12:00pm Lunch Time Puzzles & Board Games 12:00pm Lunch Time Music Therapy Puzzles & Board Games 5:00pm Dinner Time Puzzles & Board Games Music Therapy Aromatherapy Spa Day: Nails Art 5:00pm Dinner Time Name that Tune Spa Day: Nails Art Name that Tune Puzzles & Board Games 5:00pm Dinner Time 5:00pm Dinner Time 5:00pm Dinner Time Resident Movie Night Nature Documentary 5:00pm Dinner Time Happy Hour: Music & Dance Time Movie Night Nature Documentary Nature Documentary Scenic Tour to England -Video Resident Movie Night Movie Night 5:00pm Dinner Time Resident Movie Night Resident Movie Night 13 17 18 15 16 19 8:00am Breakfast Time 8:00am Breakfast Time 🖸 8:00am Breakfast Time 8:00am Breakfast Time 🖸 8:00am Breakfast Time b 8:00am Breakfast Time Morning Exercise Class with Mercedes Morning Exercise Class Morning Exercise Class with Mercedes Morning Exercise Class Aqua Painting Morning Stretch Morning Stretch Morning Stretch Morning Stretch Morning Stretch Aqua Painting Arts & Crafts Creative Coloring Creative Coloring Count with me Math Count with me Math Arts & Crafts Creative Coloring Fit Mind Brain Games Brain Fitness Games Brain Fitness Games Fidget Board Fit Mind Brain Games Creative Coloring Creative Coloring Legacy kits Golden Memories Games Sensory Stimulation Match the Shapes Name 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Dance Time Movie Night Nature Documentary Nature Documentary Scenic Tour to Spain -Video Resident Movie Night Movie Night 5:00pm Dinner Time Resident Movie Night Resident Movie Nigh Nature Documentary 25 20 21 22 23 26 5 8:00am Breakfast Time 8:00am Breakfast Time 8:00am Breakfast 3 8:00am Breakfast Time 5 8:00am Breakfast Time 3 8:00am Breakfast 5 8:00am Breakfast Time Morning Exercise Class with Mercedes Morning Exercise Class Morning Exercise Class Morning Stretch Agua Painting Morning Stretch Morning Stretch Morning Stretch Morning Stretch Agua Painting Creative Coloring Arts & Crafts Creative Coloring Creative Coloring Count with me Math Count with me Math Arts & Crafts Fit Mind Brain Games Creative Coloring Brain Fitness Games Fidget Board Fit Mind Brain Games Creative Coloring Brain Fitness Games Legacy kits Golden Memories Games Sensory Stimulation Match the Shapes Name That Tunes Fit Mind Brain Games Fidget Board Games Match The Shapes Sensory Stimulation 12:00pm Lunch 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Documentary Scenic Tour to France -Video Resident Movie Night Movie Night 5:00pm Dinner Time Resident Movie Night Resident Movie Night Nature Documentary 27 28 29 30 31 **MEETING PLACES DIMENSIONS OF WELLNESS** 8:00am Breakfast Time 8:00am Breakfast Time 8:00am Breakfast Time 3:00am Breakfast Time 8:00am Breakfast Time MC - MC Lobby **Physical Emotional** Morning Exercise Class Morning Exercise Class with Mercedes G - GROUND FLOOR LOBBY AREA Aqua Painting Morning Stretch Morning Stretch Morning Stretch Morning Stretch Spiritual **G** - PATIO - P (G) Creative Coloring Environmental Arts & Crafts Creative Coloring Creative Coloring Count with me Math Fit Mind Brain Games Fit Mind Brain Games Brain Fitness Games Fidget Board Creative Coloring Legacy kits
Match The Shapes Golden Memories Games Sensory Stimulation Match the Shapes Name That Tunes Vocational Sensory Stimulation 12:00pm Lunch Time Reminiscing Time with Megile Sunshine on the Patio Reflective Coloring Intellectual 12:00pm Lunch Time Latin Music and Dancing Sensory Stimulation 12:00pm Lunch Time Health Services Sensory Stimulation Sunshine Club on The Patio Music and Sing Along Match the Photos Match the Photos Sunshine Club on The Patio Puzzles & Board Games Puzzles & Board Games 12:00pm Lunch Time Puzzles & Board Games 12:00pm Lunch Time Life Care Services #1 IN CUSTOMER SATISFACTION WITH Music Therapy Scenic Ride to Ocean Drive with Eddie Puzzles & Board Games 5:00pm Dinner Time Aromatherapy Spa Day: Nails Art INDEPENDENT SENIOR LIVING Name that Tune Spa Day: Nails Art Nature Documentary

5:00pm Dinner Time

Nature Documentary

Resident Movie Night

Resident Movie Night

Scenic Tour to Italy -Video

COMMUNITIES 2 YEARS IN A ROW

Puzzles & Board Games

5:00pm Dinner Time

Happy Hour: Music & Dance Time

5:00pm Dinner Time

Nature Documentary

Resident Movie Night

5:00pm Dinner Time

Movie Night