October 2025

The Sterling Aventura: Memory Care Neighborhood **Tuesday Thursday** Wednesday **Friday Saturday** Sunday Monday 8:00am Breakfas 8:00am Breakfa 8:00am Breakfas Morning Exercise Class Morning Exercise Class Morning Exercise Class Morning Exercise Class Morning Stretch Morning Stretch Morning Stretch Aqua Painting Fit Mind Brain Games Count with me Math & Brain Games Count with me Math Arts & Crafts Creative Coloring Match The Shapes Creative Coloring **Guessing Games** Music and Movement Music and Movement Match the Shapes Music and Movement Travelogue - Welcome to Isreal -Video – Haifa Reminiscing Time Name That Tunes Israeli Music Music and Movement Sensory Stimulation Sunshine on the Patio Name That Tunes ISRAEL Sunshine Club on The Patio Sunshine Club on The Patio Music and Sing Along 12:00pm Lunch Time Match the Photos Puzzles & Board Games 12:00pm Lunch Ti Puzzles & Board Games & Art & Crafts Puzzles & Board Games Puzzles & Board Games Music Therapy Spa Day: Nails Art Music and Sing Along 1:45pm Music Therapy with Rey from InstruMix Music and Sing Along Name that Tune Music Therapy Music Therapy Nature Documentary 4:30pm Dinner Tim Nature Documentary Resident Movie Night Nature Documentary 6:30pm Movie Night Resident Movie Night ASMR Resident Movie Night 9 5 8 10 11 8:00am Breakfast 8:00am Breakfast ື່ນ <mark>8:00am</mark> Breakfas 8:00am Breakfas 8:00am Breakfas 8:00am Breakfast Morning Exercise Class Agua Painting Morning Stretch Morning Stretch Morning Stretch Morning Stretch Morning Stretch Aqua Painting Creative Coloring -Israeli Painting Creative Coloring & Brain Games Fit Mind Brain Games & Creative Coloring Arts & Crafts Count with me Math Count with me Math Arts & Crafts Creative Coloring Fidget Board
Music and Movement Match the Shapes
Music and Movement Brain fitness Games Fit Mind Brain Games Fit Mind Games & Creative Coloring Brain fitness Games Music and Movement Legacy kits Name That Tunes French Music Match the Shapes Guessing Games Music and Movement Sensory Stimulation Reminiscing Time 12:00pm Lunch Match the Shapes & Music and Movement Sunshine on the Patio Name That Tunes & Music and Movement Music and Sing Along Sunshine Club on The Patio Travelogue - Welcome to Isreal -Video -Tel Aviv Sensory Stimulation Sunshine Club on The Patio 12:00pm Lunch Time Latin Music and Dancing Puzzles & Board Games Sunshine Club on The Patio Match the Photos 12:00pm Lunch T Music Therapy Ö Famous People from Israel Puzzles & Board Games Puzzles & Board Games Puzzles & Board Games Music and Sing Along 12:00pm Lunch Time Music and Sing Along Puzzles & Board Games The History of Israeli Fashion Music and Sing Along Ö 1:45 pm Music Therapy with Rey from InstruMix Puzzles & Board Games Aromatherapy Name that Tune 4:30pm Dinner Tin Music Therapy Music and Sing Along Puzzles & Board Games Spa Day: Nails Art 4:30pm Dinner Time 4:30pm Dinner Time Nature Documentary Music Therapy Name that Tune Happy Hour: Music & Dance Time Movies Nature Documentary 4:30pm Dinner Tir Nature Documentary Resident Movie Night Nature Documentary 4:00pm Dinner Time Movie Night Resident Movie Night ASMR Resident Movie Night Resident Movie Night ASMR Movie Night Nature Documentary ASMR Resident Movie Nigh 12 14 13 15 16 17 18 8:00am Breakfast 8:00am Breakfast 8:00am Breakfast 8:00am Breakfast 8:00am Breakfast 8:00am Breakfas 8:00am Breakfas Morning Exercise Class Morning Stretch Morning Stretch Morning Stretch Morning Stretch Arts & Crafts & Agua Painting Agua Painting Morning Stretch Creative Coloring -Canvas Painting Count with me Math & Brain Games Arts & Crafts Creative Coloring & Brain Games Creative Coloring & Sensory Stimulation Count with me Math Brain fitness Games Fit Mind Brain Games Fit Mind Brain Games Fit Mind Brain Games & Creative Coloring Brain fitness Games Fidget Board Creative Coloring Guessing Games Music and Movement Music and Movement Music and Movement Music and Movement Legacy kits Match the Shapes Match the Shapes & Music and Movement Sensory Stimulation Name That Tunes Italian Music Travelogue - Welcome to Isreal -Video Jerus Match the Shapes & Sensory Stimulation Music and Movemer Name That Tunes Music and Sing Along Sunshine Club on The Patio Reminiscing Time Sunshine on the Patio Sunshine Club on The Patio Latin Music and Dancing Puzzles & Board Games 12:00pm Lunch Time Sunshine Club on The Patio 12:00pm Lunch Tim 12:00pm Lunch T Music and Sing Along Music Therapy
Music and Sing Along Famous Food from Isreal Match the Photos 2:00pm Puzzles & Board Games Aromatherapy Puzzles & Board Games Puzzles & Board Games Puzzles & Board Games Puzzles & Board Games Duzzles & Board Games 0 1:45pm Music Therapy with Rey from InstruMix 4:00pm Name that Tune Music and Sing Along Music Therapy Happy Hour: Music & Dance Time Spa Day: Nails Art Spa Day: Nails Art 4:30pm Dinner Time Music Therapy *Time* 4:30pm Dinner Time Music and Sing Along 4:30pm Dinner Tim 4:30pm Dinner Time 4:30pm Dinner Tim Music Therapy Nature Documentary Name that Tune Nature Documentary Nature Documentary Nature Documentary 6:30pm Movie Night Nature Documentary Resident Movie Night 4:30pm Dinner Time Resident Movie Night Resident Movie Night ASMR Resident Movie Night 7:00pm ASMR Resident Movie Night ASMR Movie Night 19 20 21 22 23 24 25 8:00am Breakfast b <mark>8:00am Breakfas</mark> 8:00am Breakfast 8:00am Breakfast 8:00am Breakfas 8:00am Breakfas 8:00am Breakfast Morning Exercise Class Fit Mind Brain Games Aqua Painting Morning Stretch Morning Stretch Morning Stretch Morning Stretch Aqua Painting Arts & Crafts Creative Coloring & Brain Games Fit Mind Brain Games & Creative Coloring Brain Games Creative Coloring Arts & Crafts Legacy kits Fidget Board Brain fitness Games Match the Shapes & Music and Movement Match the Shapes Count with me Math Fit Mind Brain Games Brain fitness Games Music and Movement Reflective Coloring & Sensory Stimulation Music and Movement Reminiscing Time Creative Coloring Match the Shapes & Count with me Math Guessing Games Music and Movement 12:00pm Lunch Time Sunshine Club on The Patio Sensory Stimulation Sensory Stimulation Name That Tunes Music and Movement Artwork Time Name That Tunes Spanish Music Travelogue - Welcome to Isreal Video Nazareth 12:00pm Lunch T Sunshine Club on The Patio Sunshine Club on The Patio Music and Sing Along Sunshine on the Patio Latin Music and Dancing 12:00pm Lunch 12:00pm Lunch Tim Aromatherapy Puzzles & Board Games Music and Sing Along The History of Isreal Puzzles & Board Games Artwork Time Puzzles & Board Games Music Therapy Puzzles & Board Games Match the Photos **Ö** 1:45pm Music Therapy with Rey from InstruMix Puzzles & Board Games Happy Hour: Music & Dance Time Puzzles & Board Games Music and Sing Along Spa Day: Nails Art Puzzles & Board Games Music Therapy **Jewish Views & Values** Spa Day: Nails Art 4:30pm Dinner Ti Name that Tune Music and Sing Along Music Therapy Music and Sing Along 4:30pm Dinner Tim 4:30pm Dinner Time 4:30pm Dinner Time Music Therapy 4:30pm Dinner Time Nature Documentary Name that Tune Music Therapy Nature Documentary Movie Night Resident Movie Night Nature Documentary Resident Movie Night 4:30pm Dinner Tim Nature Documentary Nature Documentary Resident Movie Night Resident Movie Night ASMR Resident Movie Nigh Movie Night 31 DIMENSIONS OF WELLNESS 26 27 28 29 30 ່ນ <mark>8:00am</mark> Breakfast 8:00am Breakfas ່ວ່8<mark>00am</mark> Breakfas 8:00am Breakfa Physical Morning Exercise Class & Morning Stretch Morning Exercise Class Morning Exercise Class Morning Exercise Class Morning Exercise Class Morning Exercise Clas Aqua Painting Fit Mind Brain Games & Creative Coloring Morning Stretch Morning Stretch Morning Stretch Morning Stretch Environmental Spiritual Arts & Crafts Legacy kits Creative Coloring & Brain Games Fit Mind Brain Games Count with me Math & Brain Games Count with me Math Brain fitness Games Match the Shapes & Music and Movement Fidget Board Match the Shapes Creative Coloring
Music and Movement Creative Coloring Vocational Music and Movement Music and Movement Match the Shapes Reflective Coloring & French Art Music and Movement 12:00pm Lunch Tim Sensory Stimulation Name That Tunes German Music Music and Movement Sensory Stimulation Reminiscing Time Artwork Time Sunshine Club on The Patio Sunshine on the Patio Name That Tunes Sensory Stimulation Intellectual Music and Sing Along Latin Music and Dancing Sunshine Club on The Patio Sunshine Club on The Patio 12:00pm Lunch Time Puzzles & Board Games Match the Photos Christians Views & Values Match the Photos Music Therapy Puzzles & Board Games Art & Crafts Duzzles & Board Games Puzzles & Board Games Puzzles & Board Games Music and Sing along Spa Day: Nails Art Puzzles & Board Games Music and Sing Along Halloween Party Happy Hour: Music & Dance Time Name that Tune Spa Day: Nails Art 4:30pm Dinner Tir 4:30pm Dinner Tir 4:30pm Dinner Music Therapy 4:30pm Dinner Tim Music Therapy Nature Documentary Nature Documentary Nature Documentary Movie Night Resident Movie Night Nature Documentary Resident Movie Night Nature Documentary Resident Movie Night Resident Movie Night Resident Movie Night